

Ahavat Hadassah

Origin: Ahavat Hadassah was choreographed by Rivka Sturman to an ancient Yemenite folk tune.

The chorus is known as “Da’assah” step (Camel step) and was created by the director of Inbal, Sara Levi *Rhythm:* 4/4

Introduction: 16 counts *Formation:* Short lines of dancers, hands joined with left elbows bent and right arms extended forward and tucked under the elbow of the preceding dancer, facing CCW.

Measure	Count	CHORUS – “Da’assah step			FIGURE 1 – 4 step grapevine.
1	1	Step R FWD, rising on ball of R ft			Face center of circle, hands joined and down.
	2	Shift weight BKWD onto ball of L, lower onto flat of L ft bending knees and bending body slightly FWD from the waist (keep back straight)	1	1	Step on R to R
	3	Shift weight forward and step slightly FWD R keeping knees bent		2	Step on L behind R
	4	Step FWD L		3	Turning body slightly with step. Step on R to R
	&	Smoothly extend L knee (R knee slightly straightening the body)	2-4	4	Step on L crossing front of R, turning body slightly with step
				&	Hop on L
2-4		Repeat Chorus step 3 more times.			Repeat action of measure 1 three more times.
					CHORUS – Repeat chorus step 4 times.
					FIGURE 2- Face center of circle – hands lower down.
			1	1	Step on R to R
				2	Release hands, Step on L crossing in front of R
				3	Bending knees and contracting upper part of body slightly as arms move together, wrists crossing (L above R) at chest height, fingers snapping simultaneously with movement (elbows are bent). Step on R to R, straightening body and rejoining hands
				&	Step on L in place
				4	Small leap on R to R
				&	Step on L crossing in front of R, taking weight on L with knees bent
			2-4	5-16	Repeat action of measure 1, FIG 2, three times