

# Alexandrovka

*Source:* This is a ballroom type of dance which is very smooth and quite elegant. It is performed with great dignity. Probably named in honor of Czar Alexander, it was popular at the end of the 1800s and during the early 1900s. Many variations are dancing in the USA; in the eastern part of our country it is called Alexandrovsky or translated to mean “Alexander’s Waltz.”

*Formation:* Double circle, face partner. M’s back to center. 2 hands shoulder height (butterfly position). LOD is CCW. W use other foot. M’s L foot free; W’s R foot free.

Measure	Count	FIG. 1	Measure	Count	FIG. 2
1	1-2	Step SDWD w/outside foot (M’s L, W’s R)	1-4	1-3	<b>MEN</b> – 4 step–draw steps to L (see description in FIG. 1, measure 1) Finish w/R foot free by pausing on count 3 of last step-draw
	3	Draw inside foot up to outside foot and step on inside foot			
2	1	Step SDWD w/outside foot	1-4	1	<b>WOMEN</b> – Step-draw to R
	2-3	Swing joined inside hands FWD and pivot on outside foot turning away to finish back–to–back w/partner NOTE: Extend free arm BKWD shoulder high, hands may touch lightly		2-3	2 waltz steps making 1 R turn under M’s L and W’s R arm. Step-draw to R. Finish w/L foot free by pausing on count 3.
3	1-2	In back–to–back position, step SDWD with inside foot	5-8	—	REPEAT measures 1–4, FIG. 2 in opposite direction. NOTE: On count 2, W make 1 L turn under M’s R and W’s L arm w/2 waltz steps (measures 6–7)
	3	Draw outside foot up to inside foot and step on outside foot	9-16	—	REPEAT measures 1–8
4	1	Step SDWD w/inside foot			<b>FIG. 3</b>
	2-3	Draw outside foot up to inside foot and pause, outside foot free	1	—	Couples facing CCW, in skater’s position, hands cross in front – (R over L), outside foot free, take 1 waltz step FWD starting w/outside foot
5	1	Still in back position, REPEAT measure 1, FIG. 1 – (M’s L, W’s R)	2	—	1 waltz step turning toward partner making a 1/2 turn. Finish facing CW.
	2-3	Swing joined inside hands BKWD and pivot on outside foot turning toward partner to finish face–to–face NOTE: Extend free arm SDWD, shoulder high, hands may touch lightly			
6	1	Step SDWD w/outside foot (M’s L, W’s R)			
	2-3	Swing joined inside hands BKWD and pivot on outside foot turning toward partner to finish face–to–face NOTE: Extend free arm SDWD, shoulder high, hands may touch lightly.			
7-8	—	In face–to–face position REPEAT measures 3–4 FIG. 1			
9-16	—	REPEAT measures 1–8			