Arap

Translation: ArabRhythm: 2/4Description: Dennis Boxell, Folk Dance Camp 1967Formation: "W" position. R foot freeSource: The original music for this dance is not available on records so a song in the appropriate rhythm has been selected. This is a humoroussong about a young rabbit who dresses up in the finery of a young bachelor and goes off to Thessaloniki to find a bride.

The Pirun Mountain area of Macedonia lies in Bulgaria. Often the Yugoslav and Bulgarian governments would hold special border festivals and Macedonians living in both countries were allowed to cross the border freely and participate in feasts and dancing and visit briefly with friends and relatives. Dancing is the main activity and villagers gather around their favourite orchestras.

Measure	Count	Pattern
1	1	Facing slightly and moving R, lift on L foot,
		raising R knee-high, bringing R leg out R and
		around
	2	Step forward on R foot.
2	1–2	Lift on R foot, raising L knee, bringing L leg out
		L and around
3	1–2	Same as measure 1 except turning to face centre
		on count 2
4	1	Bending L knee, bring L foot BKWD beneath
		the body
	2	Bringing L foot FWD place L heel FWD on
		floor, body leans slightly BKWD
5	1	Step BKWD on L foot
	2	Step BKWD on R foot
6	1–2	Closing L foot to R, bounce on both heels
		three times
7	1	Cross and step on R foot in front of L
	2	Step back on L foot
8	1	Turning to face and moving slightly R,
		step FWD on R foot
	2	Step FWD on L



