

Arnold's Circle

Formation: Couple mixer dance; double circle, partners facing, M back to center *Source:* This dance was choreographed by the late Pat Shaw in honour of a friend of his, Arnold Bokel of Hamburg, Germany. Presented by Steve Kotansky at the 1980 Stockton Folk Dance Camp.

Introduction: 2 notes

Measure		PART 1—CHANGE PLACES
1–2		With R hands joined, change places with partner; 4 steps, beginning R
3–4		Joining L hands, change places with partner, but don't let go of L hands; 4 steps, beginning R
5	1 & 2	Join R hands with person to R in opposite circle (circle is now complete, alternating M, W, M, W etc (w/M back to center). Balance forward, stepping R, L, R
6	1 & 2	Balance BKWD, stepping L, R, L
7–8		Release L hands and change places with person holding R hand; M walk FWD, W turn CCW under joined hands. End with M on outside of circle, W with back to center.
9–16		REPEAT measures 1–8 from new position. End with original partner in original position.
		PART 2 — DOUBLE PROGRESSION
1–4		W stand in place. M beginning R, with 8 steps go behind partner (pass R shoulders) curve to inside of circle, pass in front of next W and go to 3rd W (count partner as 1st woman). M travel to the R (LOD)
5–8		In closed position swing with this new partner (buzz step). Leave W on outside of circle, partners facing.
9–16		REPEAT measures 1–8 but M stand in place, W travel around partner, curve to outside, pass in front of next M and go to 3rd M to swing. W travel to the R (LOD)
		REPEAT dance from beginning with new partner