Balta de la Fundu Padui

Source: Taught by Nicolaas Hilferink at Autumn Leaves XXL, Nashville International Folk Dancers, 2004

Measure	Count	FIG. A	Measure	Count	FIG. C
1	1-2	Facing RLOD and travelling CCW, elbows	1	1	Step onto R
		bent, hands at shoulder height, Step R as arms		2	Stamp L beside R, no body weight
		swing down		3-4	REPEAT counts 1-2 w/opposite footwork
	3-4	Step L as arms swing up			
			2	1	Step onto R
2	1	Step R		2	Step L across R
	2	Step L beside R		3	Step R on the spot
	3-4	Step R (R two-Step)		4	Step L beside R
3	1-4	Facing LOD and travelling CW,	3	1	Step onto R
		REPEAT measure 2 w/opposite footwork		2	Step L across R
				3	Step R on the spot
4	1–2	Step R across L		4	Leap onto L crossing R facing slightly L
	3-4	Step L on the spot			
			4	1	Travelling FWD, Step R
5-8	1-4	REPEAT measures 1-4		2	Step L behind R
				3-4	Step R FWD
		FIG. B			
1	1	Facing center of circle, elbows bent, Step R to R	5	1-2	Turn to R, Stamp L
	2	Step L beside R		3-4	Turn to L, Stamp R
	3	Step R to R			
	4	Stamp L beside R, no body weight	6	1	Facing L, travelling away from center, Step L,
				2	Step R beside L
2	1-4	REPEAT measure 1 w/opposite footwork		3	Step L
				4	Stamp R beside L, no body weight
3	1	Step onto R			
	2	Stamp L beside R, no body weight	7	1	Facing center, Step R to R
	3	Step onto L		2	Step L beside R
	4	Stamp R beside L, no body weight		3	Step R to R
				4	Stamp L beside R, no body weight
4	1–2	Stamp R			
	3-4	Stamp L, no body weight	8	1	Step L to L
				2	Step R beside L
5-8	_	REPEAT measures 1-4 w/opposite footwork		3-4	Step L to L
			9-16		REPEAT measures 1-8

REPEAT entire dance through FIG. A $4\ \rm times$



