

Bela Rada

Translation: Fair Rada *Description by:* Rickey Holden and Dennis Boxell, 1967

Formation: Line dance, no partners. Kolo "V" position. Right foot free. *Music:* 2/4

Measure	Count	
1	1	Step sideward R on ball of R foot
	&	Cross and step on ball of L foot in back of R
	2 &	REPEAT counts 1&
2	1 &	Close and step-hop (R) in place
	2 &	Cross and step-hop on L foot in back of R
3	1 &	Cross and step-hop on R foot in back of L
	2 &	Two quick SCISSORS STEPS* (L, R)
4	1 &	Cross and step-hop on L foot in back of R
	2 &	Cross and step-hop on R foot in back of L
5	1 &	Two quick SCISSORS STEPS* (L, R)
	2	A small light jump on both feet in place
	&	Pause

NOTE: Dance pattern has 5 measures; music is in 4 measures phrases.

*SCISSOR STEP (L): A slight leap on L foot in place, displacing R foot and moving it quickly FWD w/knee straight (count 1)

SCISSOR STEP (R): same, reversing footwork