

The Braid

Origin: This Ukrainian mixer has several melodies that is danced to. Here is a danceable tempo for all to enjoy.

Formation: Circle of couples, M on the outside facing his partner whose back is to the center of dance area.

There is an 8-measure introduction to the dance.

Measure

- 1 Hop on L and point R toe at same time
Hop on L again, placing R heel FWD
- 2-4 REPEAT measure 1 starting w/R, then
REPEAT measures 1 and 2 again (4 measures in all)
- 5-8 Hook R elbows w/partner, dance around each other
w/4 light running two-steps, ending back to place
- 9-14 M face in, W face out - hook L elbows w/corner W
and all move toward M's R with 6 running two-steps
- 15-16 Release R elbow hold w/original partner and walk
around 4 steps retaining your L elbow hook. At
the end of the walk, start dance again with a NEW
partner. Each time dance is completed M will have
a new partner.

Continue dance until end of music