

# Ciuleandra

*Formation:* Open circle, T position (arms on neighbor's shoulder)

*Introduction:* 8 measures

## PART ONE

Step and lean R, lean to L, lean R, lean L drawing R to L (no weight)

Moving to center step R, close L (no weight)

Step FWD L, close R (no weight)

Step R, lift L in front, knee bent.

Step L, stamp R beside L (no weight)

Grapevine moving to L:

R cross in front, L, R cross in back, L;

R cross in front, L, R cross in back, L;

R cross in front, L, R cross in back, L;

R cross in front, side L, close R to L, hold

Do Part 1, 7 times total (speeds up each time)

## PART TWO

### Sevens to R

L cross behind, side R, L cross behind, side R, L cross behind, side R,

L cross behind, stamp L (no weight)

Sevens to L.

Sevens to R.

Sevens to L. (4 sets total)

### Doubles

Step R, stamp L; step L, stamp R;

side R, L cross behind, side R, stamp L (no weight)

Doubles to L.

Doubles to R.

Doubles to L. (4 sets total)

REPEAT Sevens 4 times

REPEAT Doubles 4 times

REPEAT Sevens 4 times