

# Diu Xie

*Origin:* China—Tibetan Song and Dance Ensemble from Gansu. Learned at Heritage 1995 International.

*Presented by:* Sandy Starkman

*Formation:* Standing solo in a circle facing RLOD with a scarf in each hand.

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## FIG. 1

- 1 Step R, step L stamp R (no weight)  
Both arms move from R side, over the head to L side

REPEAT FIG. 1 for a total of 5 times w/arms slowly moving from side to side

- 2 Moving FWD, step R, L, R, L. Arms are lowered in front of knees and you wave the arms w/each step, crossing R arm in front as you step w/R and open arms as you step w/L

Place R heel FWD, as the R arm goes above the head and the L arm goes back

Place R toe BKWD, as L arm goes above the head and the R arm goes back

(REPEAT FIG. 2 - but moving BKWD)