

Eretz

Formation: Circle, holding hands, facing center of circle.

Dance: Shlomo Bachar and Yaacov Levy

Count PART ONE

- 1 Step on R to R side
- 2 Step on L in back of R
- 3 Step-pivot 1/2 turn CW on R foot. Finish w/back to center of circle
- 4-6 REPEAT 1-3 with opposite footwork, continuing in LOD, turning CCW on count 3 to face center of circle once more
- 7-8 REPEAT 1-2 bending body BKWD
- 9-10 Step FWD on R while lifting L knee FWD and up as arms are extended in front of chest
- 11 Step back on L
- 12 Step in place on R
- 13-16 REPEAT 9-12 with opposite footwork.
- 17-32 REPEAT 1-16

PART TWO ARMS ON SHOULDERS

- 1 Step on R to R side
- 2 Step on L in back of R
- 3 Step on R to R side
- 4 Lift L leg off the floor w/leg facing to L side
- 5-8 REPEAT 1-4 to other direction w/opposite footwork
- 9-10 Step back on R and hold
- 11-12 Step back on L and hold
- 13 Step on R and sit
- 14 Transfer weight FWD to L foot
- 15-16 Stamp FWD on R heel and lift same R knee off the floor