## Hasápikos

Source: Folkraft LP-8 Translation and Origin: Butcher's Dance/Panhellenic Rhythm: 2/4 Type: Line dance, no partners Presented by: Rickey Holden, Evansville, 2008 Formation: "T" position (sometimes "W" position). R foot free.

| Measure | Count | VARIATION 1A - BASIC |
| :---: | :---: | :---: |
| 1 | 1 | STEP SDWD R on R foot |
|  | 2 | CROSS \& STEP on LEFT foot in BACK of R |
| 2-3 | - | TWO STEP-SWINGS (R, L) |
|  |  | VARIATION 1B - BASIC IN FRONT, WITH HOP ON SWING |
| 1 | 1 | STEP SDWD R on R foot |
|  | 2 | CROSS \& STEP on LEFT foot in FRONT of $R$ |
| 2 | 1 | STEP SDWD R on R foot |
|  | 2 | HOP on R foot, swinging left foot across in front |
| 3 | 1-2 | REPEAT pattern of measure 2, reversing direction and footwork. |
|  |  | VARIATION 1C - MOVE LEFT |
| 1-2 | - | As 1 above |
| 3 | 1 | STEP SDWD LEFT on left foot |
|  | \& | CROSS and STEP on R foot in FRONT of left |
|  | 2 | STEP SDWD LEFT on left foot, swinging R foot across in front |
|  |  | VARIATION 2 - TURN |
| 1 | 1-2 | Releasing hands, TWO WALKING STEPS ( $\mathrm{R}, \mathrm{L}$ ) turning R once around. |
|  |  | Resume original starting position. |
| 2-3 | - | As 1 above |
|  |  | VARIATION 3A - LEAP |
| 1 | 1 | LEAP SDWD R on R foot |
|  | 2 | CROSS \& LEAP on LEFT foot in BACK of R |
| 2-3 | - | TWO PAS de BASQUE STEPS (R, L) |
|  |  | VARIATION 3B - DOUBLE TIME LEAP |
| 1 | 1 | LEAP SDWD R on R foot |
|  | \& | CROSS \& LEAP foot in BACK of R |
|  | 28 | REPEAT |
| 2-3 | - | As 3A above |


| Measure | Count | VARIATION 3C - SKIP |
| :---: | :---: | :---: |
| 1 | 1-2 | Facing slightly and moving R, TWO SKIPS (R, L) FWD |
| 2-3 | - | Turning to face center, TWO PAS DE BASQUE STEPS (R, L) preceding the first with a slight hop (on left foot) |
|  |  | VARIATION 3D - THREE STAMPS |
| 1-2 | - | As Variation 3A |
| 3 | 1-2 | THREE QUICK STAMPS (L, R, L) IN PLACE |
|  |  | VARIATION 3E - SPREAD FEET |
| 1 | 1 | JUMP on BOTH feet spread APART |
|  | 2 | HOP on LEFT foot IN PLACE swinging R foot across in front of left |
| 2-3 | - | As Variation 3A |
|  |  | VARIATION 4-JUMP DOWN |
| 1 | 1 | Facing slightly and moving R, JUMP DOWN on BOTH feet, bending knees deeply |
|  | 2 | JUMP UP on R foot, extending left leg FWD |
| 2-3 | - | REPEAT pattern of Measure 1 TWICE (three times in all) |
|  |  | VARIATION 5 - TSÉSTOS* |
| 1 | 1 | STEP SDWD R on R foot |
|  | 2 | CLOSE \& STEP on LEFT foot beside R, bending R knee and swinging it across in front of left knee |
| 2 | 1 | Turning to face slightly R, STEP on R foot IN PLACE, brushing left heel FWD to raise left foot in front |
|  | 2 | BEND LEFT KNEE to swing left foot back |
| 3 | 1 | Step on ball of left foot in place and SQUAT DOWN, bending both knees |
|  | 2 | RISE, turning to face center and freeing $R$ foot to begin again <br> * Tséstos probably derived from the Bulgarian word, chesto, meaning "little steps." |

Continued on next page...

## Hasápikos continued

| 1 | \& | LEAP slight SDWD R on R foot |
| :---: | :---: | :---: |
|  | 1-2 | LEAP HIGH and slight SDWD LEFT on left foot and DOWN, bending both knees deeply, closing, and touching R foot beside left |
| 2 | \& | RISE, straightening knees SLIGHTLY |
|  | 1-2 | JUMP on BOTH feet slightly SDWD R AND DOWN, bending both knees deeply |
|  |  | VARIATION 6B - SAME, IN COUPLES |
| 1 | \& | As Variation 6A, except release hands and, during the LEAP R, turn $1 / 4 \mathrm{R}$ so left shoulder is toward center of circle |
|  | 1-2 | During the LEAP LEFT, R-hand partner move toward center in front of left-hand partner who stays in place, to finish side-by-side facing R (R-hand partner now on left, inside) with inside hands on partners' shoulders in "T" position |
| 2 | - | To resume original starting position: |
|  |  | As Variation 6A except release hands and, during the LEAP R, inside person move in front of outside person who stays in place, both partners turn $1 / 4$ left to finish side-by-side facing center. |

NOTE: Hasápikos itself is of Byzantine origin and was then known as Makellárikos (Dance of the Butchers' Union). It is known also today in Macedonia as Hasaposérvikos (Serbian Butchers' Dance), in Thrace as Hasápikos, and in the Aegean Islands as Polítikos Hasápikos (Constantinople Butchers' Dance).

FOR ALTERNATE NOTES IN 4/4 TIME, PLEASE SEE NEXT COLUMN. SOURCE UNKNOWN

Meter: 4/4 Count each measure 1, 2, 3, 4 Introduction: 8 measures Source: Unknown Formation: Line dance, facing center, hands held on shoulders, or hands joined at shoulder level.

| Measure | Counts | PART 1 - Hasápikos Basic Step |
| :---: | :---: | :---: |
| 1 | 1-2 | Facing center, step on L heavily weighted. Hold |
|  | 3-4 | Swing R foot FWD and around behind L |
| 2 | 5-6 | Step on R behind L |
|  | 7-8 | Step on L behind R |
| 3 | 9 | Step on R to R |
|  | 10 | Step on L crossing in front of R |
|  | 11-12 | Step back no R (out of circle). Hold |
| 4-6 | 13-24 | REPEAT action of counts 1-12 |
| 7-8 | 25-32 | REPEAT action of counts 1-8 |
|  |  | PART 2 - Hasápikos Break Step |
| 1 | 1-4 | Facing center, 3 steps to L . |
|  |  | Step on R across \& in front of $L$. |
|  |  | Step on L to L. Step on R across and |
|  |  | in front of L. Hold fourth count |
| 2 | 5-8 | 3 steps to R. Step on L across and in front of R. |
|  |  | Step on R to R. |
|  |  | Step on L across and in front of R. |
|  |  | Hold fourth count |
| 3-4 | 9-16 | REPEAT action of counts 1-8 |
| 5 | 17-18 | Step on R to center, crossing in front of L |
|  | 19-20 | Step on $L$ crossing in front of R |
| 6 | 21-22 | Step on R crossing in front of L |
|  | 23-24 | Step on L crossing in front of R |
| 7 | 25-26 | Step BACK on R behind L |
|  | 27-28 | Step BACK on $L$ behind R |
| 8 | 29-32 | Three steps diagonally to R and BACK from center of circle. |
|  |  | Step back on R. Step L across in front of R. |
|  |  | Step back on R. Hold |

