Hasápikos

Source: Folkraft LP-8 Translation and Origin: Butcher's Dance/Panhellenic Rhythm: 2/4 Type: Line dance, no partners Presented by: Rickey Holden, Evansville, 2008 Formation: "T" position (sometimes "W" position). R foot free.

Measure	Count	VARIATION 1A — BASIC	Measure	Count	VARIATION 3C — SKIP
1	1	STEP SDWD R on R foot	1	1–2	Facing slightly and moving R,
_	2	CROSS & STEP on LEFT foot in BACK of R	_		TWO SKIPS (R, L) FWD
2-3	_	TWO STEP-SWINGS (R, L)	2-3	_	Turning to face center, TWO PAS DE
- 0		2 2 2 2 2 2 . 2 . 2 . 2 . 2 . 2 .			BASQUE STEPS (R, L) preceding
		VARIATION 1B — BASIC IN FRONT,			the first with a slight hop (on left foot)
		WITH HOP ON SWING			
1	1	STEP SDWD R on R foot			VARIATION 3D — THREE STAMPS
	2	CROSS & STEP on LEFT foot in FRONT of R	1–2	_	As Variation 3A
2	1	STEP SDWD R on R foot	3	1–2	THREE QUICK STAMPS (L, R, L) IN
	2	HOP on R foot, swinging left foot across in			PLACE
		front			
3	1-2	REPEAT pattern of measure 2, reversing			VARIATION 3E — SPREAD FEET
		direction and footwork.	1	1	JUMP on BOTH feet spread APART
				2	HOP on LEFT foot IN PLACE swinging R
		VARIATION 1C — MOVE LEFT			foot across in front of left
1-2	_	As 1 above	2-3	_	As Variation 3A
3	1	STEP SDWD LEFT on left foot			
	&	CROSS and STEP on R foot in FRONT of left			VARIATION 4 — JUMP DOWN
	2	STEP SDWD LEFT on left foot, swinging R	1	1	Facing slightly and moving R, JUMP DOWN
		foot across in front			on BOTH feet, bending knees deeply
				2	JUMP UP on R foot, extending left leg FWD
		VARIATION 2 — TURN	2-3	_	REPEAT pattern of Measure 1 TWICE
1	1-2	Releasing hands, TWO WALKING STEPS			(three times in all)
		(R, L) turning R once around.			
		Resume original starting position.			VARIATION 5 — TSÉSTOS *
2-3	_	As 1 above	1	1	STEP SDWD R on R foot
				2	CLOSE & STEP on LEFT foot beside R,
		VARIATION 3A — LEAP			bending R knee and
1	1	LEAP SDWD R on R foot			swinging it across in front of left knee
	2	CROSS & LEAP on LEFT foot in BACK of R	2	1	Turning to face slightly R, STEP on R foot
2–3	_	TWO PAS de BASQUE STEPS (R, L)			IN PLACE, brushing left heel FWD to raise left
					foot in front
		VARIATION 3B — DOUBLE TIME LEAP		2	BEND LEFT KNEE to swing left foot back
1	1	LEAP SDWD R on R foot	3	1	Step on ball of left foot in place and SQUAT
	&	CROSS & LEAP foot in BACK of R			DOWN, bending both knees
	2&	REPEAT		2	RISE, turning to face center and freeing R foot
2–3	_	As 3A above			to begin again
					* Tséstos probably derived from the Bulgarian
					word, chesto, meaning "little steps."
					Continued on next page





Hasápikos continued

2	& 1-2 & 1-2	VARIATION 6A — LITTLE RABBITS LEAP slight SDWD R on R foot LEAP HIGH and slight SDWD LEFT on left foot and DOWN, bending both knees deeply, closing, and touching R foot beside left RISE, straightening knees SLIGHTLY JUMP on BOTH feet slightly SDWD R AND DOWN, bending both knees deeply
1	&	VARIATION 6B — SAME, IN COUPLES As Variation 6A, except release hands and, during the LEAP R, turn 1/4 R so left shoulder is toward center of circle
	1–2	During the LEAP LEFT, R-hand partner move toward center in front of left-hand partner who stays in place, to finish side-by-side facing R (R-hand partner now on left, inside) with inside hands on partners' shoulders in "T" position
2	_	To resume original starting position: As Variation 6A except release hands and, during the LEAP R, inside person move in front of outside person who stays in place, both partners turn 1/4 left to finish side-by-side facing center.

NOTE: Hasápikos itself is of Byzantine origin and was then known as Makellárikos (Dance of the Butchers' Union). It is known also today in Macedonia as Hasaposérvikos (Serbian Butchers' Dance), in Thrace as Hasápikos, and in the Aegean Islands as Polítikos Hasápikos (Constantinople Butchers' Dance).

FOR ALTERNATE NOTES IN 4/4 TIME, PLEASE SEE NEXT COLUMN. SOURCE UNKNOWN

Meter: 4/4 Count each measure 1, 2, 3, 4 Introduction: 8 measures Source: Unknown Formation: Line dance, facing center, hands held on shoulders, or hands joined at shoulder level.

Measure Counts		PART 1 — Hasápikos Basic Step	
1 1–2		Facing center, step on L heavily weighted. Hold	
	3-4	Swing R foot FWD and around behind L	
2	5-6	Step on R behind L	
	7-8	Step on L behind R	
3	9	Step on R to R	
	10	Step on L crossing in front of R	
	11-12	Step back no R (out of circle). Hold	
4-6	13-24	REPEAT action of counts 1-12	
7-8	25-32	REPEAT action of counts 1-8	
		PART 2 — Hasápikos Break Step	
1	1-4	Facing center, 3 steps to L.	
		Step on R across & in front of L.	
		Step on L to L. Step on R across and	
		in front of L. Hold fourth count	
2	5-8	3 steps to R. Step on L across and in front of R.	
		Step on R to R.	
		Step on L across and in front of R.	
		Hold fourth count	
3-4	9–16	REPEAT action of counts 1-8	
5	17-18	Step on R to center, crossing in front of L	
	19-20	Step on L crossing in front of R	
6	21–22	Step on R crossing in front of L	
	23-24	Step on L crossing in front of R	
7	25-26	Step BACK on R behind L	
	27-28	Step BACK on L behind R	
8	29-32	Three steps diagonally to R and BACK from	
		center of circle.	
		Step back on R. Step L across in front of R.	
		Step back on R. Hold	



