

# Hora Aggadati

*Source:* The “Hora Aggadati” is a vigorous dance combining the stamping feet of the Romanian dancers, the “Debka” jump of the Arabs and the classic movements of the ballet, brought into Israel and developed by the creator of the modern “Hora”, Baruch Aggadati, a Romanian student of Russian ballet, for whom the dance was named.      *Formation:* Circle moves in CCW direction.

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Measure	PART 1—Join Hands
1–4	Take 4 running steps beginning w/R foot.
5–8	Make 4 Debka jumps (jumps accompanied w/twists of the hips) beginning with the L side
9–16	REPEAT measures 1–8 REPEAT all of PART 1 twice
	<b>PART 2—Place hands on neighbors shoulders</b>
1	Hop on R foot to the R and BKWD diagonally w/R knee bent and body inclined in a diagonal position
2	Place heel of L foot inside in a diagonal position towards L side
3–4	March in place : L, R, L and pause, while bending body slightly FWD
5–8	REPEAT measures 1–4
9–10	Make 2 Debka jumps to the L and the R
11	Jump lightly on the L foot
12	Stamp w/R foot in direction of center of circle and slightly to the L, bending body FWD
13	Tread in place w/L foot while straightening body
14	Take a step w/the R foot while turning to the R. Body is in upright position
15–16	Make 3 quick stamping steps – L, R, L and pause, while moving FWD slightly with body bent REPEAT all of PART 2 twice