

Hora Or

Dance by: Danny Heiman, 1971

Rhythm: 4/4

Formation: Circle dance, no hands

Measure	Count	FIG. 1	Measure	Count	FIG. 3
1	1	Facing R, run FWD on R foot	1	1-3	Facing R, take 3 steps FWD
	2	Run FWD on L foot			starting on R foot (R, L, R),
	3, 4	REPEAT counts 1-2		4	Start to pivot to face L
2	1	Facing center, jump and land w/feet apart, weight predominantly on R foot	2	1-4	REPEAT measure 1 w/opposite footwork and direction, but end up facing center
	2	Leap onto L foot across R foot			
	3, 4	REPEAT counts 1-2	3	1	Step on R foot to R, leaning to the R
3-8	—	REPEAT measures 1-2 three times		2	Hold
				3	Step on L foot to L, leaning to the L
				4	Hold
		FIG. 2			
1	1-3	Facing center, do a 3-step turn to the R, while moving in LOD	4	1-4	Make a 4-step turn to the R, moving in LOD, and end facing center again
	4	Hold			
2	1-4	REPEAT measure 1, FIG. 2 w/opposite footwork and direction	5-8	—	REPEAT measures 1-4, FIG. 3
3	1	Facing center, step FWD onto R			
	2	Hop on R foot			
	3	Step FWD on L foot			
	4	Hop on L foot			
		NOTE: During this measure, arms go up from side to end diagonally up and FWD.			
4	1-4	Take 4 steps BKWD starting on R foot (R, L, R, L) NOTE: During this measure, arms come back down.			
5-8	—	REPEAT measures 1-4, FIG. 2			