

Jovano Jovanke

Rhythm: 7/8

Description by: Rickey Holden, Jan. 1967

Formation: "W" position, R foot free.

Measure	Count	PART 1—Lesnoto (Music A)	Measure	Count	PART 2—Break (Music B)
1	1	Facing slightly and moving R, a small step FWD on R foot	25	1	A small step SDWD R on R foot
	2	Lift on R foot		2	Close and step on L foot beside R
	3	A small step FWD on L foot		3	Step on R foot in place
2	1	Turning to face center, a small step SDWD R on R foot	26	1	Step FWD on L foot
	2, &, 3, &	Bending L knee to raise L foot across in front of R knee, flex R knee twice		2	Close and step on R foot beside L
				3	Step on L foot in place
3	—	REPEAT pattern of measure 2, reversing direction and footwork	27	1	A small step BKWD on R foot
				2	Lift on R foot
				3	Cross and a small step on L foot just in back of R
4–24	—	REPEAT pattern of measures 1-3 seven more times (8 in total)	28–33	—	REPEAT pattern of measures 25–27 twice (3 in total)

NOTE: PART 1 is the usual Macedonian dance, Lesnoto. The recording starts with Music B, which is usually considered an introduction, thus not danced.