Kalina

Source: Unknown. According to Sally Jenkins, however, the tune is the same as a Ukrainian couple dance entitled "Ukrainian Lyrical."Kalina has words and is faster, and the dance is different. Ms. Jenkins also notes that Kalina is also known as "Kariĉka Cupariki."Rhythm: 4/4Formation: Circle or open circle with hands joined. No introduction.

Measure	Count	FIG. 1	Measure	Count	FIG. 3
1	1	Facing center, step on R crossing in front of L.	1	1	Step on R XIF of L, w/slight knee bend
		arms swing FWD, body held slightly back		2	Hop on R, clicking heels together, knees straight
	2	Touch L toe near R heel		3	Step on L XIF of R, w/slight knee bend
	3	Step on L to L, arms back, body straightened		4	Hop on L, clicking heels together, knees straight
	4	Touch R toe near L toe			
			2	1	Stamping step on R XIF of L
2-4	_	REPEAT action of measure 1 three more times		2	Step on L diagonally back and to L
				3	Close R to L
		FIG. 2 8-count grapevine -		4	Hold
1	1	Step on R XIF of L			
	2	Step on L to L			
	3	Step on R XIB of L			
	4	Step on L to L			
2		REPEAT action of measure 1, FIG. 2			

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