

# KUMA ECHA

*Source:* This is a very easy circle dance, enjoyed by all age groups.

*Formation:* Any number of dancers in a circle.

*Basic steps:* Schottische, grapevine and run. Fast and lively, leaps done quite high.

## Measures

### PART 1

1-4

All run straight FWD to the centre of the circle w/1 schottische step. R, L, R, hop on R foot.  
All run BKWD away from the centre w/1 schottische step. L, R, L, hop on L foot.

5-8

All move SDWD to the L w/2 grapevine steps for 8 counts. Cross R foot in front of L foot (1). Step to L on the L foot (2). Cross R foot in back of L foot (3). Step to L on the L foot (4). Cross R foot in front of L foot (5). Step to L on L foot (6). Cross R foot in back of L foot (7). Step to L on L foot (8).

9-16

REPEAT all of above again. NOTE: this is done w/running steps.

### PART 2

Still holding hands, all face to the R and run lightly FWD CCW 2 steps (R, L) Face CW, and run BKWD CCW 2 steps FWD and 2 steps BKWD, with the ring always moving CCW for 16 steps. NOTE: At speed the turn becomes a leap.

### PART 3

All face centre, hands still joined and move straight to the centre. Take 4 running (small) steps in (R, L, R, L)

### PART 4

Stamp R foot FWD slightly cross in front of L (1). Step back on L foot (2). Step back on R foot (3). Bring L foot down beside R foot (4). REPEAT PART 4 two more times, or a total of 3 time total.

This last step is done in such a manner that each time the dancers inch their way BKWD a little until the original size of the circle is formed.

