

LERIKOS

Type: Greek circle dance - no partners *Description by:* Annette Kurz

Formation: Circle move in CCW direction - everyone holding hands at shoulder level. 16 count introduction.

FIG.

- 1 5-step grapevine to the R and lift as follows:
Step SDWD to the R on R foot
Step behind R foot w/L foot
Step SDWD to R on R foot
Step in front of R foot w/L foot
Step SDWD to the R on R foot
Lift L foot slightly in front of R
3 small and light stamps in place stepping on L foot in front of R - R, L, R (left foot steps in front and slightly to the L of the R foot)

Do figure 1 eight times in all

- 2 3-step grapevine to the R and lift - as follows:
Step SDWD to R on R foot
Step behind R foot w/L foot
Step SDWD to R on R foot
Lift L foot slightly in front of R
7 small steps moving into center w/L foot stepping in front of R and hold on 7th step
(L, R, L, R, L, R, L)

Do figure 2 moving out of circle on the 3-step grapevine

REPEAT entire dance. In order to get into figure 1 from the inner circle, move out on the 5-step grapevine.

REPEAT FIGS 1 & 2 until the end of the music

