

# MACHAR

*Translation:* Tomorrow    *Dance:* Rivka Sturman    *Music:* Shemer

*Formation:* Three people in a set, standing next to each other and facing CCW. Join hands. M in the center is number 1, W on his R is number 2, W on his L is number 3. Can also be done with one W in the center and 2 M, or all W.

## Counts

### PART 1

- 1-4 Run four steps FWD (R, L, R, L)
- 5 R crosses over L in front
- 6 Hop on R
- 7 L crosses over R in front
- 8 Hop on L
- 9-32 REPEAT 1-8 three more times (4 total)

### PART 2

- All release hands. #1 faces #2 (to his R), #3 stands w/back to center of circle. During counts 1-8 #3 stands still.
- 1 (only #1 and #2 move) R to R side
  - 2 Bend R knee. Raise arms and clap
  - 3-4 REVERSE 1-2
  - 5-8 Link R arms. Run 4 steps once around (R, L, R, L)
  - 9-16 RELEASE arms (#2 stands still on next 8 counts). #1 links L arms w/#3, run 8 steps once around, starting w/R. On last count release arms. #1 and #3 now face each other.
  - 17-24 REPEAT 1-8, #1 w/#3
  - 25-32 REPEAT 9-16, #1 w/#2
- (On last count all end up facing CCW to begin the dance again)

