

# MAKEDONSKO BAYNO ORO

Source: Folk Dance Camp, 1967

Presented by: Dennis Boxell

Description: Dennis Boxell

*Formation:* Slow dance from Macedonia. "W" position line dance for M and W. In the old days M danced at the head of the line while the women joined at the end, separated from the M by a handkerchief.

## Measures

### PART 1 - Melody A

- 1 Facing slightly and moving R, step FWD on R foot (ct 1)  
Step FWD on L foot (cts 2, 3)
- 2 Step FWD on L foot, turning to face center (ct 1)  
Swing L foot across in front of R leg, L knee slightly bent (cts 2, 3)
- 3 Step SDWD L on L foot (ct 1)  
Swing R foot across in front of L leg, R knee slightly bent (cts 2, 3)  
REPEAT pattern of measures 1-3 until music changes.

### PART 2 - Melody B

- 1 Facing center, step on R foot in place (ct 1)  
L knee straight, tap L heel FWD and slightly L (ct 2)  
L knee straight, tap L heel directly FWD and parallel to R foot (ct 3)
- 2 Step on L foot in place next to R (ct 1)  
R knee straight, tap R heel directly FWD and slightly L (ct 2)  
A small leap on R foot SDWD R and slightly back (ct 3)
- 3 Cross and step on L foot in front and to R of R foot, L knee bent (ct 1)  
Step SDWD R on R foot (ct 2)  
Cross and step on L foot in back of R (ct 3)

### PART 3 - Melody C (7/8)

- 1 Facing center, step SDWD L on L (ct 1)  
Cross and step on R foot in back of L (ct 2)  
Small leap SDWD on L foot, bending L knee to cross & swing R foot sharply in front of L (ct 3)
- 2 Step SDWD R on R foot (ct 1)  
Cross and step on L foot in back of R (ct 2)  
Small leap on R foot next to L in place (ct 3)  
Cross and step on L foot in front and to R of R foot (&)
- 3 Step SDWD R on R foot (ct 1)  
Cross and step on L foot in back of R (ct 2)  
Small leap SDWD R on R foot, bending R knee, to cross and swing L foot sharply in front of R (ct 3)

*PATTERN SEQUENCE - PARTS 1, 2, 1, 2, 3*

