## MATMEN'G WALTE

Formation: Double circle of couples, partners facing - M in inner circle, back to center. M's L and W's R foot free.

Measures

FIG. 1
2 waltz-steps, starting w/M's L and W's R foot, turning away from partner w/1 outward turn, progressing CCW.

2 step-draw steps to M's L, progressing CCW, accenting the 2nd step-draw step. Do NOT transfer weight on last count, finish w/M's R and W's L foot free.

REPEAT pattern of measures 1-4, progressing CW.

FIG. 2 Partners facing, $R$ hands joined and raised. $R$ foot free. Balance toward and away from partner, stepping FWD on the R foot and BKWD on L foot.

Partners change places $\mathrm{w} / 2$ waltz steps, W turning under raised joined hands.
REPEAT pattern of measures 9-12, joining L hands, starting $\mathrm{w} / \mathrm{L}$ foot, returning to place.

FIG. 3 Couples facing CCW, hands crossed in front in skater's position, $R$ hands joined over L, outside foot free.
2 waltz steps FWD, starting w/ outside foot, progressing CCW. On last count, w/out releasing hands, turn about to face in opposite direction.

2 waltz steps BKWD, progressing CCW. On last count, w/out releasing hands, turn about to face CCW.

REPEAT pattern of measures 1-4, FIG. 3

## FIG. 4 Partners facing, both hands joined

Balance R. Step diagonally FWD R w/R foot, bringing $L$ toe to arch of $R$ foot w/out transferring weight. Finish w/L shoulders adjacent

Balance L. Step diagonally FWD L w/L foot, bringing R toe to arch of Loot w/out transferring weight. Finish w/R shoulders adjacent

Waltz $1 / 2$ way around to each other's place $w / 2$ waltz steps FWD
REPEAT pattern of measures 9-12, FIG. 4 to place

DANCE NOTES - POLAND


