

# MI MAISHA

*Translation:* "Who is the Man?"    *Dance:* Eliyahu Gamliel    *Meter:* 4/4

*Formation:* Circle in a simple hold.    Presented by: Ya'akov Eden at KDI 2000

<u>Measures</u>	<u>Counts</u>	<u>Part A</u> - face CCW
1	1-2	2 steps FWD (R, L) in LOD
	3	Step R FWD
	4	Step L BACK
2	1	Step R BACK
	3	Step L FWD
	3-4	2 steps FWD (R, L) in LOD
3-4	1-8	REPEAT measures 1-2, Part A
5	1-2	2 steps FWD (R, L) in LOD
	3-4	2 sways (R, L) facing center
6	1-2	Step R across L, swing L to L
	3-4	Step L across R, step R to R
7	1-4	REPEAT measure 6, Part A - REVERSE footwork and direction
8	1	Stamp R FWD while body leans FWD
	2-4	3 steps back (L, R, L)
9-16		REPEAT measures 1-8, Part A
		<u>Part B</u> - face center
1	1-4	2 step-bends in place - down R, L, down R, L
2	1-2	Stamp R FWD, swing L FWD w/bent knee
	3-4	2 steps back (L, R)
3	1-4	REPEAT measure 2, Part B
4	1-2	Turn a 1/2 turn to R (CW) w/2-step (R, L)
	3-4	Step-bend R back
5-8		REPEAT measures 1-4, Part B
		<u>Part C</u> - moving in and out
1	1-4	2 step-bends FWD - R, L, R, L in Chassidic style, accenting steps 1 & 3
2	1-2	Step-bend R FWD while arms stretch FWD
	3-4	Step R back while turning a 1/4 turn to R (CW), stretching arms to R and hold
3	1-4	REPEAT measure 2, Part C - REVERSE footwork and direction
4	1-4	4 steps - (R, L, R, L) while turning a 1/2 turn to R (CW) in place
5-8		REPEAT measures 1-4, Part C

