

NEDA VODA NALIVALA

Rhythm: 11/16 meter

Formation: Hands joined and up in a “W” position. This dance is often referred to as the “Porch Dance”. It was danced by Muslim women on their small front porches in the evenings. Notice there is no actual progressive movement to the dance so that it was possible to do in a very limited space.

Measures

1

Pattern 1

Facing slightly R, lift on L (S)

Continuing R, step R (S)

Step L (S)

Step R (S)

Step slightly FWD and across w/L (Q)

Step back into place on R (S)

2

REPEAT measure 1 with opposite footwork and direction

Pattern 2

Same as pattern 1, but moving in and out of the circle.

