PRAYO RODOPSKO MORO

Origin: Rhodope, Bulgaria - (PRAH-voh Roh-DOHP-skoh Hoh-ROH) is a variation on the popular pan-Bulgarian Pravo Horo and done to the famous Rhodope song *Postono Ludo i Mlado*.

Presented by: Sandy Starkman Source: Yves Moreau

Rhythm: 2/4 Style: Proud and earthy (slight knee bend)

Formation: Mixed lines w/hands joined in "W" position. Face center. No introduction, begin with music.

<u>Measures</u> 1	FIG. 1 - PRAVO Step on R to R (1); step on L across R w/slight knee flexion (2)
2	Step on R to R (1); step on L behind R (2)
3	Step on R to R (1); lift L leg w/bent knee (2)
4	Step on L to L (1); lift R leg w/bent knee (2)
5-16	REPEAT pattern of measures 1-4, 3 more times
1	FIG. 2 - FORWARD AND BACK Step into center on R (1); step in on L (2)
2	Step in on R (1); lift L knee (2)
3-4	REPEAT pattern of measures 1-2 in REVERSE (moving BKWD), starting w/L foot
5	Step on R in place (1); light stamp w/L next to R, no weight (2)
6	Step on L in place (1); light stamp w/R next to L, no weight (2)
7	Step on R in place (1); step on L next to R (2) - arms extend FWD and down
8	Step on R next to L (1); hold (2) - arms continue down to sides
9-16	REPEAT pattern of measures 1-8, FIG. 2

NOTE: With this recording, the dance is done 3 times. On the third time, in FIG. 2, measure 14, the music has a pause before slowly continuing w/measures 15-16.

DANCE NOTES - BULGARIA