

SAUERLANDER QUADRILLE #5

Origin: Sauerlander Quadrille is a German dance introduced in the US by Gretel and Paul Dunsing. It is quite different in character from other squares.

Formation: Square dance formation numbered differently from US square dances. Couple 1, faces music. Couple 2 has back to music. Couple 3 is to the R of couple 1. Couple 4 is to the R of couple 2.

Steps:

Nieheimer Step (NS)- Touch R toe down, turning it inward towards L toe. Knees are together.

Touch R toe down, turning it outward away from L toe.

Touch R heel FWD, touch R toe down beside L foot.

Move SDWD R w/2 steps - R to side, L behind R & finish w/a light jump on both feet.

NOTE: Once the NS step is mastered, do it w/a hop on each movement, hopping on L foot

Cue Words: Toe, toe, heel, toe, side, back, jump. Toe, toe, heel, toe, side, back, jump.

PART 1 - Peek-a-Boo

Half of head couples (1st W and 3rd M) do the NS step SDWD away from partner and peek behind couple 4. Then do a NS step SDWD towards original partner.

Now the other half of the head couples (1st M and 3rd W) do the NS step SDWD to peek around the 2nd couple.

Half of side couples (4th W and 2nd M) do a peek-a-boo.

Now the other half of the side couples (4th M and 2nd W) do a peek-a-boo.

PART 2 - No Hands

Couple 1 face partners and do one NS step to own R and to L

Couple 2 does the same, then 3, then 4. (Don't face partner until the last count of the preceding couples action, then jump as you face your partner)

PART 3 - Cross Over

Head couples do a NS step in place and move FWD instead of SDWD and stop in middle of set, R shoulder to R shoulder. Then do a NS step in the middle and move FWD to opposite side and turn R individually on the jump.

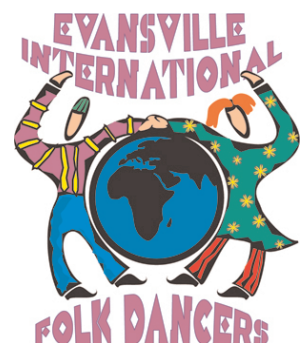
Side couples cross in the same manner, then the heads cross over again and then the side follow. All should be back in original places now.

PART 4 - Right Hand Hold

Couple 1 faces partners and joins R hands, both do a NS step starting on R foot and move FWD to change places, then do a NS step w/L foot and move into original places.

NOTE: you move in a CW direction as you do this change over.

Couple 2 repeats action, 3 and 4 follow.



...SAUERLANDER QUADRILLE #5 CONTINUED

PART 5 - *All Active*

Head couples do the cross-over as in Part 3. At the same time, the side couples separate away from each other with a NS step and then return to each other w/ a NS step.

Then the side couples cross over as the head couples separate SDWD away from partner and back to each other taking a NS step each way.

Then the heads cross over as the side separate and return to place.

Finally the sides cross over as the heads separate and come back.

All should be back in place.

Cue Words: Heads cross...sides separate

Sides cross...heads separate

Heads cross...sides separate

Sides cross...heads separate

PART 6 - *All Active - No Hands*

All face partners and do PART 2 by moving to own R and L.

All do the R hand change as in PART 3.

All drop hands and do PART 2 at the same time.

All do the R hand hold at the same time.

NOTE that you start the NS step on the foot in the direction that you are going. If you plan to move R, start the NS step on R foot. If you move to the L, start it on the L foot. If you move FWD, start on the R foot.