

SEDI DONKA

Source: Dick Crum originally taught FIG. 1 and FIG. 2 (FIG. 4 is a repeat of FIG. 2) of this dance to folk dancers in the US. FIG. 3 was added later and is as danced in southern California. These notes are supplied by courtesy of Dick Oakes.

Background: Sedi Donka originates in the area of Thrace around the towns of Pazardzik and Plovdiv in south-central Bulgaria. The name of the dance derives from the first line of the song, "Sedi Donka na dyukyanche" (Donka is sitting in her shop). Some twenty variations of the dance exists in this region. Three are described below.

Rhythm: 7/16 & 11/16. The music is written in combination of two measures of 7/16 and one measure of 11/16 meter. The rhythm is SLOW-quick-quick, SLOW-quick-quick, quick-quick-SLOW-quick-quick (3+2+2 = 7, 3+2+2=7, 2+2+3+2+2=11) for a total of 11 accented beats and will be counted below as 1-2-3, 1-2-3, 1-2-3-4-5.

Steps/Style: Chug - sharp low scooting jump. The dance has a moderately heavy quality with the upper body straight and proud.

Formation: Short lines (5-6 dancers) of mixed M and W holding belts (na lesa) in X position, R arm under. No introduction.

<u>Measures</u>	<u>Counts</u>	<u>1 - TO SIDES WITH BOUNCES</u>
1	1, 2, 3	Step R SDWD; Hop R; Step L across in front of R
2	-	REPEAT action of measure 1
3	1, 2, 3	Step R SDWD; Step L across in back of R; Step R SDWD
	4, 5	Closing L to R, bounce twice w/weight predominantly on R
4-6	-	REPEAT action of measures 1-3 w/opposite footwork
7-12	-	REPEAT action of measures 1-6
		<u>2 - TO CENTER WITH TAPS</u>
1	1, 2, 3	Step R SDWD; Hop R; Step L FWD
2	-	REPEAT action of measure 1
3	1, 2, 3	Step R FWD; Small step L FWD; Tap R heel lightly next to L
	4, 5	Small leap R in place; Tap L heel lightly next to R
4-6	-	REVERSE action of measures 1-3 BKWD w/opposite footwork
7-12	-	REPEAT action of measures 1-6

(continued on next page)



...SEDI DONKA CONTINUED

<u>Measures</u>	<u>Counts</u>	
1	1	<u>3 - TO RIGHT WITH TAPS AND TO LEFT WITH SCISSORS</u>
	2, 3	W feet parallel and weight evenly distributed, "chug" FWD w/both feet
2	1, 2, 3	Hop R; Step L across in front of R
3	1, 2, 3	Step R SDWD; Hop R; Step L across in front of R
	4, 5	Step R SDWD; Step L in back of R; Tap R heel lightly next to L
4-5	-	Small leap R in place; Tap L heel lightly next to R
6	1, 2, 3	REPEAT action of measures 4-5, FIG. 1
	4, 5	Step L SDWD; Step R across in back of L; Step L SDWD extending R foot low FWD
7-12	-	Step R in place, extending L foot low FWD; Step L in place, extending R low FWD
		REPEAT action of measures 1-6
		<u>4 - TO CENTER WITH TAPS</u>
1-12	-	REPEAT action of measures 1-12, FIG. 2
		REPEAT entire dance from beginning