

SHADRACK'S DELIGHT

Source: This dance was named for Betty and Shadrack McDermid. It is a dance utilizing the action now called "Ocean Wave", as it was originally intended to be danced - with a 4-count balance. Try a Scottish Jig at the recorded tempo and it is a delight.

Formation: Contra lines - 1, 3, 5, etc. couples active and crossed over.

Counts

- 1-8 WITH THE ONE BELOW DO SA DO - Actives do sa do w/corners, once around and a little bit more to the end in a line of 4 w/hands joined (corners by R) as in an Ocean Wave, actives facing down, inactives facing up.
- 9-16 BALANCE AND TURN RIGHT HALF - Balance (4 counts), release L hands in center, corners turn by R 1/2 way to reform the line, actives facing up, inactives facing down.
- 17-24 BALANCE AND TURN LEFT HALF - Balance (4 counts), release R hands and M turn 1/2 by the L
- 25-32 SWING YOUR OWN - Each now swings own partner (on opposite side of set), to end in a line of 4 facing down the set, each M w/his partner on R.
- 33-40 DOWN IN FOURS AND WHEEL TURN - Lines dance down the set 4 steps and each 1/2 of the line does a wheel turn in 4 steps to reform lines all facing up, W still on partner's R.
- 41-48 BACK TO PLACE AND CAST OFF - Lines dance back to place in 4 steps and cast off in 4 more steps.
- 49-56 RIGHT AND LEFT THROUGH - Cross the set w/a R and L through. Partial progression has been made, the active M are down one place, but the W are still in the "wrong" line.
- 57-64 TWO LADIES CHAIN - W chain across completing the progression to start.
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To prompt this dance:

- Intro With the one below do sa do
1-8 Right to the corners and balance 4
9-16 Turn right half, balance 4
17-24 Men turn left half, swing your own
25-32 Put her on right, go down in fours
33-40 Wheel turn, come back to place
41-48 Cast off, right and left through
49-56 With the music ladies chain*

*Caller indicates CROSS OVER every second and alternate sequence through the dance.

