

SHAM HAREI GOLAN

Translation: There are the Mountains of Golan *Dance:* Jonathan Gabait *Music:* N. Shemer

Formation: Line, facing CCW, all join hands

PART ONE

- 1-4 Fast walk on R, L, R, L
- 5-6 Sway FWD on R and sway BACK in place on L w/bent knees
- 7-8 Sway FWD on R and bring L heel FWD, keeping it raised
- 9-12 Lightly touch L heel 2 times in front of R
- 13-15 Step BACK on L, step BACK on R, step FWD on L
- 16 Hold
- 17-32 REPEAT 1-16

PART TWO

- 1-2 Sharply step-cross w/a big R over L
- 3-4 Lightly place L heel in front of R
- 5-6 Step on L in place
- 7-8 Bring R heel FWD, down in front of L
- 9-10 Step in R in place
- 11-12 Bring L heel FWD, down in front of R and step on L in place
- 13-16 Step BACK fast on R, L, R, L
- 17-32 REPEAT 1-16

