SIMPLE CIFTS

Dance: Kelly Schulz

Formation: Single circle w/elbow room between dancers.

<u>Measures</u>	<u>Counts</u>	
1	1-8	All circle in LOD (CW)
2	1-8	Walk 8 steps FWD to center of circle
3	1-8	R-hand star (all hands are straight out toward the center, like a spoke on a wheel)
4	1-8	REPEAT measure 3
5	1-8	Walk 8 steps BKWD to form original circle, not necessarily original places
6	1-8	Swing your partner

REPEAT FROM BEGINNING

NOTES: When the music starts instrumental only, (no singing) all circle CW holding hands and doing a grapevine until music fades/stops.

VARIATIONS

Measures 3 and 4: R-hands star for 8 counts, then switch to a L-hand star for another 8 counts (measure 4).

and/or

Measure 3 and 4: Have every other person go into the center for the R-hand formation. Those not going into the circle for the R-hand star can use ribbons, making figure eights.

