

SIRDES

Translation: My Heart

Type: Armenian Miserlou

Formation: Open, mixed circle w/little finger hold at shoulder height.
Dance begins where musical phrase begins.

<u>Measures</u>	<u>Counts</u>	
1	1, 2	Facing center, touch L across R
	3, 4	Touch L to L
2	1-4	REPEAT measure 1
3	1, 2	Step L over R
	3, 4	Cross R over L
4	1	Cross L over R
	2	Step R to R
	3	Step L behind R
	4	Step R to R

