## SHEE'T'S OF MAY

## Steps:

- Seven in Jig Time (2 measures) When moving to the L, hop L (count 6 of preceding measure) Step R back to L (ct. 1, 2), step L to L (ct. 3), step R behind L (ct. 4, 5), step L to L (ct. 6) step R back of L (measure 2, ct. 1, 2), step L to L (measure 2, ct. 3), step R behind L (measure 2, ct. 4, 5). The seven may also be done to the R, reversing footwork and direction.
- <u>Three in Jig Time Hop L (count 6 of preceding measure)</u>

Step R (ct. 1, 2), step L (ct. 3), step R (ct. 4). Next step starts hopping R and stepping L, R, L. A three may be danced in place or moving in any direction.

<u>Sidestep -</u> Consists of one seven and two threes. If the sidestep is danced to the L, the first three starts hopping R and stepping in place L behind R, R in front of L, L behind R and the second three starting hopping L, etc.

<u>Irish dance steps -</u> Done up on the ball of the foot in a relaxed, easy style.

*Formation*: Four couples in square formation, couple 1 w/backs to music.

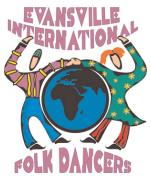
- Measures Introduction
  - 1-8 All join hands at shoulder height
    - FIG. 1 Sidestep in Circle
  - 1-4 All circle L w/sidestep to L
  - 5-8 Circle back to place w/sidestep to R. On last 3, take an extra step R (measure 8, count 6) to adjust weight for next step
  - 9-12 Continue to circle R w/sidestep to R (REPEATED)
  - 13-16 Circle back to place w/sidestep to L

FIG. 2A - Chorus - Promenade Across

- 1-2 Partners join inside hands at shoulder height, outside hands free. Couples 1 and 3 exchange places through the center of set w/2 threes, M passing L shoulder. Couples 2 and 4 dance 2 threes in place
- 3-4 All dancing 2 threes, couples 2 and 4 exchange places while couples 1 and 3 release hands, turn individually, M 1/2 CW, W 1/2 CCW and join new inside hands at shoulder height
- 5-6 With 2 threes, couples 1 and 3 return to original places through center of set, W passing L shoulders, while couples 2 and 4 turn individually
- With 2 threes, couples 2 and 4 return, while couples 1 and 3 turn individually M 1/2 CCW, W 1/2 CW

FIG. 2B - Forward and Back

- 1-2 With 2 threes, couples 1 and 3 move FWD toward each other, while couples 2 and 4 REPEAT action of couples 1 and 3 in FIG. 2A, measures 15-16
- 3-4 With 2 threes, couples 2 and 4 move FWD toward each other, while couples 1 and 3 move BKWD into place.
- 5-6 With 2 threes, couples 1 and 3 move FWD again, while couples 2 and 4 move BKWD.
- 7-8 Couples 2 and 4 do 2 threes in place, while couples 1 and 3 move BKWD into place.



## DANCE NOTES - IRELAND

## .... SHEE'T'S OF MAY CONTINUED

FIG.	2C -	Clap	and	Change

- 1 All face center of set and clap thighs twice (count 1, 4)
- 2 Clap own hands together twice (count 1, 4)
- 3-4 REPEAT action of FIG. 2C, measures 17-18
- 5-8 Exchange places w/partner w/one sidestep, M to R and W to L, W passing in front
- 9-16 REPEAT action of FIG. 2C, measures 17-24, returning to original places. M moving to L and W to R, M passing in front

FIG. 3 - Lead Around

- 1-8 Partners w/inside hands joined at shoulder height, face CCW around set and lead around (promenade) w/8 threes. Release hands and turn individually (M 1/2 CW, W 1/2 CCW) on last 2 measures
- 9-16 Join new inside hands and promenade back to original places

<u>FIG. 4 - Chorus</u>

1-32 REPEAT entire action of FIG. 2

FIG. 5 - Arches

- 1-2 Partners join inside hands. Couples 1 and 2 face each other. Couples 3 and 4 face each other. Couples 1 and 3 raise joined inside hands, forming an arch, and all move FWD w/2 threes, couples 2 and 4 going under arches made by couples 1 and 3.
- 3-4 All release hands and turn individually (M 1/2 CW, W 1/2 CCW) w/2 threes. Join new inside hands.
- 5-6 Couples 2 and 4 make arches while couples 1 and 3 go under and back to original places.
- 7-8 Partners join both hands and turn 1/2 CW w/2 threes, finishing so that couples 1 and 4 face each other and couples 2 and 3 face each other, W on M's R
- 9-14 REPEAT action of FIG. 5, measures 1-6, facing new couple
- 15-16 All release hands and turn individually to face center of set (M 1/2 CCW, W 1/2 CW)

FIG. 6 - Chorus

1-32 REPEAT entire action of FIG. 2. All join hands in a circle on last measure.

FIG. 7 - Thread the Needle

- 1-8 #1M and #4W release hands. Couple 1 raises joined hands to form arch. #4W dances under arch, leading others behind her. She passes behind #1W and moves CCW back to original place in circle w/8 threes in all. #1W turns once CCW under her L hand, joined w/partner R to reform circle.
- 9-16 REPEAT action of FIG. 7, measures 25-32, with couple 4 forming arch while #1M leads others through and around CW. #4M turns CW under his hand joined w/partner.

FIG. 8 - Sidestep in Circle

- 1-8 All join hands in single circle and repeat entire action of FIG. 1
- 9-16 REPEAT action of FIG. 8, measures 1-8