# SWEE「TG OF MA. 

## Steps:

Seven in Jig Time - (2 measures) When moving to the L, hop L (count 6 of preceding measure)
Step R back to L (ct. 1, 2), step L to L (ct. 3), step R behind L (ct. 4, 5), step L to L (ct. 6) step $R$ back of $L$ (measure 2, ct. 1, 2), step L to L (measure 2, ct. 3), step R behind L (measure 2, ct. 4,5). The seven may also be done to the R, reversing footwork and direction.
Three in Jig Time - Hop L (count 6 of preceding measure)
Step R (ct. 1, 2), step L (ct. 3), step R (ct. 4). Next step starts hopping R and stepping L, R, L. A three may be danced in place or moving in any direction.
Sidestep -Consists of one seven and two threes. If the sidestep is danced to the L, the first three starts hopping R and stepping in place L behind $\mathrm{R}, \mathrm{R}$ in front of $\mathrm{L}, \mathrm{L}$ behind R and the second three starting hopping L, etc.
Irish dance steps - Done up on the ball of the foot in a relaxed, easy style.
Formation: Four couples in square formation, couple $1 \mathrm{w} /$ backs to music.

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Measures Introduction
    1-8 All join hands at shoulder height
    FIG. 1- Sidestep in Circle
    1-4 All circle L w/ sidestep to L
    5-8 Circle back to place w/sidestep to R. On last 3, take an extra step R (measure 8, count 6) to adjust
        weight for next step
    9-12 Continue to circle R w/sidestep to R (REPEATED)
    13-16 Circle back to place w/sidestep to L
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    FIG. 2A - Chorus - Promenade Across
    1-2 Partners join inside hands at shoulder height, outside hands free. Couples 1 and 3 exchange
        places through the center of set w/2 threes, M passing L shoulder. Couples 2 and 4 dance 2
        threes in place
    3-4 All dancing 2 threes, couples 2 and 4 exchange places while couples 1 and 3 release hands, turn
        individually, M 1/2 CW, W 1/2 CCW and join new inside hands at shoulder height
    5-6 With 2 threes, couples 1 and 3 return to original places through center of set, W passing L
        shoulders, while couples 2 and 4 turn individually
    7-8 With 2 threes, couples 2 and 4 return, while couples 1 and 3 turn individually - M 1/2 CCW, W
        \(1 / 2\) CW
    FIG. 2B - Forward and Back
    1-2 With 2 threes, couples 1 and 3 move FWD toward each other, while couples 2 and 4 REPEAT
        action of couples 1 and 3 in FIG. 2A, measures 15-16
    3-4 With 2 threes, couples 2 and 4 move FWD toward each other, while
        couples 1 and 3 move BKWD into place.
    5-6 With 2 threes, couples 1 and 3 move FWD again, while couples 2 and 4
        move BKWD.
    7-8 Couples 2 and 4 do 2 threes in place, while couples 1 and 3 move
        BKWD into place.
    

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FIG. 2C - Clap and Change

All face center of set and clap thighs twice (count 1, 4)
Clap own hands together twice (count 1, 4)
REPEAT action of FIG. 2C, measures 17-18
Exchange places w / partner w / one sidestep, M to R and W to $\mathrm{L}, \mathrm{W}$ passing in front
REPEAT action of FIG. 2C, measures 17-24, returning to original places. M moving to L and W to $R, M$ passing in front

FIG. 3 - Lead Around
Partners w/inside hands joined at shoulder height, face CCW around set and lead around (promenade) w/8 threes. Release hands and turn individually (M 1/2 CW, W 1/2 CCW) on last 2 measures
Join new inside hands and promenade back to original places
FIG. 4 - Chorus
REPEAT entire action of FIG. 2

## FIG. 5 - Arches

1-2 Partners join inside hands. Couples 1 and 2 face each other. Couples 3 and 4 face each other.
Couples 1 and 3 raise joined inside hands, forming an arch, and all move FWD w/2 threes, couples 2 and 4 going under arches made by couples 1 and 3 .
All release hands and turn individually (M 1/2 CW, W 1/2 CCW) w/2 threes. Join new inside hands.
Couples 2 and 4 make arches while couples 1 and 3 go under and back to original places.
Partners join both hands and turn $1 / 2 \mathrm{CW} w / 2$ threes, finishing so that couples 1 and 4 face each other and couples 2 and 3 face each other, W on M's R
REPEAT action of FIG. 5, measures 1-6, facing new couple
All release hands and turn individually to face center of set (M 1/2 CCW, W 1/2 CW)
FIG. 6 - Chorus
REPEAT entire action of FIG. 2. All join hands in a circle on last measure.
FIG. 7 - Thread the Needle
1-8 \#1M and \#4W release hands. Couple 1 raises joined hands to form arch. \#4W dances under arch, leading others behind her. She passes behind \#1W and moves CCW back to original place in circle w/8 threes in all. \#1W turns once CCW under her L hand, joined w/partner R to reform circle.
REPEAT action of FIG. 7, measures 25-32, with couple 4 forming arch while \#1M leads others through and around CW. \#4M turns CW under his hand joined w/partner.

FIG. 8 - Sidestep in Circle
All join hands in single circle and repeat entire action of FIG. 1
REPEAT action of FIG. 8, measures 1-8

