

SYLVIANO SYRTOS

Rhythm: 4/4 Count each measure as Slow, Quick, Quick

Formation: Line dance, facing CCW, hands joined held at sides. Leader should wind and unwind line. Music is exciting and dance is easy and enjoyable.

Measures Introduction

1-8

PART 1 - MOVING SYRTOS STEP, FACING CCW

1 Take long step w/R foot (S)
 Take 2 small steps - L, R (QQ)

2 Take long step w/L foot (S)
 Take 2 small steps - R, L (QQ)

3-8 REPEAT pattern of measures 1-2

PART 2 - BACKING UP SYRTOS STEP AND FWD SYRTOS STEP

Pivot on last step of PART 1 to face CW, but continue to move CCW, backing up as follows:

1 Step BKWD CCW on R foot, long step (S)
 Continue backing up, two small steps (QQ)

2 Step BKWD on L foot, long step (S)
 Small step on R foot CCW, pivoting to face CCW (Q)
 Small step on L foot facing and moving CCW (Q)

3-4 2 gliding syrtos steps moving and facing CCW, as in PART 1 (RLR, LRL) pivoting on last step to face CW

5-8 REPEAT pattern of measures 1-4 of PART 2

PART 3 - SIDE STEP

Face center, hands at shoulder level, body sway follows motion of steps, movement is CCW

1 Step R foot to side (S)
 Step L foot behind R (Q)
 Step R foot to side (Q)

2 Step L foot behind R (S)
 Step R foot to side (Q)
 Leap on L foot, crossing in front of R foot (Q)

3-8 REPEAT pattern of measures 1-2 of PART 3

BEGIN DANCE FROM BEGINNING.

