



# TARINA DE LA ABRUD

*Taught by:* Madalynne Greene in New York (variation two)

*Rhythm:* 2/4

*Formation:* Closed circle, hands joined at shoulder level. No partner necessary.

## VARIATION ONE

### PART ONE - In and out

Walk FWD R, L, R, turn L to face out and touch L foot beside R.

Rejoin hands and walk out L, R, L, turn to face in, touch R.

REPEAT walking in and out (4 times total)

### PART TWO - Stamping

Step R, stamp L heel, step L, stamp R, step side R, step L XIB, step side R, step L XIB

REPEAT

Do 4 step-stamps (R, L, R, L), then step side R, step L XIB, side R, L XIB, step side R, stamp L heel 2 times beside R (no weight on second stamp)

REPEAT all of PART TWO moving to L, beginning w/L foot.

## VARIATION TWO

### Measures

### PART ONE

- 1 Move FWD toward center, step R, step L
- 2 Step R, release hands, pivot CCW on R while closing L to R (hands remain up)
- 3-4 Rejoin hands, REPEAT action of measures 1-2 to the outside of the circle w/opposite footwork.  
Turn CW on last count.
- 5-16 REPEAT measures 1-4 three more times (four times total)  
Posture in this part is erect and fairly slow-moving.

### PART TWO - done to eighth notes (4 eighth notes per measure)

- 1 Leap R, stamp L, leap L, stamp R (counts 1, &, 2, &)
- 2 Step R to R, step L across in back of R, step R to R, step L across in back of R
- 3-4 REPEAT action of measures 1-2, PART TWO
- 5-6 REPEAT action of measure 1, PART TWO two more times
- 7 Step R to R, stamp L next to R
- 8 Stamp L beside R, hold
- 9-16 REPEAT action of PART TWO, measures 1-8 to L w/opposite footwork  
Second part of dance is done w/vigour and lightness.

REPEAT entire dance from the beginning.

