

# TANKO BUSHI

Type: Japanese Coal Miner's Dance

## VERSION ONE

Formation: No partners. Dancers stand in single circle facing CCW, one behind the other. Hands held at sides.

<u>FIGURES</u>	<u>Counts</u>	<u>PATTERN 1 - Digging Action</u>
1	&	Lift R foot, R heel brought to L foot. Bring hands, palms up towards body. Hands simulate a shovel.
	1	Touch R toe FWD diagonally to R. Push hands FWD to R as though digging
	&	REPEAT action of count & above
	2	Step on R foot diagonally FWD to toe. Push hands FWD to diagonal R. REPEAT action as shown above, starting w/the L foot.
2	&	Lift L foot, L heel brought to R foot. Bring hands palms up towards body. Hands simulate a shovel.
	3	Touch L toe diagonally FWD to L. Push hands FWD to L as though digging.
3	&	REPEAT action of count &, FIG. 2
	4	Step on L foot diagonally to L. Push hands FWD to L as though digging.
4	&	Hold
		<u>PATTERN 2 - Throw Coal Over Shoulder</u>
	5	Touch R toe slightly FWD. Bring both hands up, lifting shove towards R shoulder
5	&	Step FWD on R. Throw hands over R shoulder
	6	Touch L toe slightly FWD. Bring both hands up toward L shoulder
6	&	Step FWD on L. Throw hands over L shoulder
		<u>PATTERN 3 - Shade Eyes From Sun</u>
	7	Touch R to slightly BKWD. Raise L hand high in front, palm FWD as if to shade eyes. Extend R hand in back.
7	&	Step on R slightly BKWD. Hands held as for count 7.
	8	REPEAT action of count 7, starting w/L toe, R hand shading eyes
8	&	REPEAT action of count &, FIG. 7, stepping back w/L
		<u>PATTERN 4 - Push Coal Cart</u>
	9	Touch R toe FWD. Bring both hands up in front, ready to push
9	&	Step FWD on R. Push both hands FWD
	10	Touch L toe FWD. Bring both hands up in front, ready to push
10	&	Step FWD on L foot. Push both hands FWD
		<u>PATTERN 5 - Ceremonial Bow</u>
	11	Step FWD on R (knees bent-slight bowing action) sweep both hands down to side and slightly back
11	&	Step FWD on L, hands swept around from back to front
	12	Close R to L, clapping hands in front of head
12	&	Hold
	13	Clap hands
	&	Clap hands
	14	Clap hands
	&	Dance begins again, repeat action of count & upbeat



# ...TANKO BUSHI CONTINUED



## VERSION TWO

*Formation:* No partners. Dance done in single circle facing RLOD (CW), one behind the other. The dance can begin from anywhere in the music.

### FIGURES    Counts

1		<i>Chon chon ga chon</i> - Facing CW, clap three times
2	1, &	Touch R FWD, bring hands up to level of face, clap once
3	2, &	Step on L diagonally FWD to R, toward center of circle
	3, &	Bend both knees. Clap once behind back.
	4, & 5, &	While REPEATING FIGS. 2, 3, 4 make a complete circuit and return to original position in the circle
4	1, &	Touch R heel diagonally FWD to R. Make 2 loose fists. Bring fists from above R shoulder down to L side and hold. Bend L knee and stop fists strongly.
5	2, &	Pull R foot back to normal standing position. Push both fists FWD at shoulder level and stop strongly.
6	3, &	REPEAT action of FIG. 4, but to opposite side
7	4, &	REPEAT action of FIG. 5
8	5, &	REPEAT action of FIG. 4
9	6, &	REPEAT action of FIG. 5
10	1	REPEAT action of FIG. 6 quickly
11	2	Pull back L foot, which has been FWD, to normal standing position. Raise R foot FWD. Raise fists to level of waist. Count 2 done quickly.
12	3	Touch raised R foot diagonally to R. Bring both fists to L side. Count 3 done quickly.
13	1, &	Bring L foot up to R foot. Throw both hands over shoulder, open fists. Simulate digging action.
	2, &	REPEAT action of FIG. 12, but to opposite side
	3, &	REPEAT action of FIG. 13, but to opposite side

CONTINUE the above actions for the duration of the dance.

