

# TEŞİ-DÜZ-HALAY!

*Origin:* Teşi-Düz-Halay [Te she dooz Ha li] comes from Adiyaman in southeastern Turkey and is in the Halay style. Teşi is translated to mean “wooden spindle” and Düz means straight. Halay is the name of one of the dance styles in Turkey.

*Described and Presented by:* Ahmet Lüleci, 1989      *Rhythm:* 4/4      *Introduction:* 1 complete melody

*Formation:* Starts in a line, moving into a circle. Fingers locked and straight elbows.

| <u>Measures</u> | <u>Counts</u> | <u>FIG. 1</u>   |
|-----------------|---------------|---|
| 1               | 1             | Quick step on R foot, flat in place and a small bounce      |
|                 | &             | Quick step on L toe in place                                |
|                 | 2-4&          | REPEAT steps above three more times to complete the measure |
| 2-3             |               | REPEAT FIG. 1 two times                                     |

|     |            | <u>FIG. 2</u>                              |
|-----|------------|--|
| 1   | 1, &       | Step on R in place, lift L up              |
|     | 2, &       | Step on L in place, lift R up              |
|     | 3, &, 4, & | REPEAT steps above to complete the measure |
| 2-5 |            | REPEAT measure 1, FIG. 2 four times        |

RETURN to FIG. 1 and do it for 4 measures  
RETURN to FIG. 2 and REPEAT 4 times

|     |      | <u>FIG. 3</u>                                     |
|-----|------|---|
| 1   | 1, & | 2 quick bounces on both feet on toes and in place |
|     | 3, & | Hop on L; lift R back in place                    |
| 2-9 |      | REPEAT measure 1, FIG. 3 eight times              |

|       |   | <u>FIG. 4</u>                              |
|-------|---|--|
| 1 1/2 | 1 | Step on R to R side                        |
|       | 2 | Step on L, cross the R and bend both knees |
|       | 3 | Step on R to R side                        |
|       | 4 | Lift L up in the front and kick it down    |
|       | 5 | Lift R up in the front and kick it down    |
|       | 6 | Lift R up in the front and kick it down    |
|       |   | REPEAT above steps 8 times (12 measures)   |

|       |      | <u>FIG. 5</u>   |
|-------|------|---|
| 1 1/2 | 1    | Hop on L to R side, kick R from up to down              |
|       | &, 2 | Hop on R to R, lift L up; hop on L cross R              |
|       | 3, 4 | Jump on both feet; hop on R, lift L up and kick it down |
|       | 5, 6 | Jump on both feet; hop on L, lift R up and kick it down |
|       |      | REPEAT above steps 4 times (6 measures)                 |

## FINISH DANCE

Complete FIG. 5 and bring R foot to side of L foot & put them together and say “HEY”

## DANCE NOTES - TURKEY!

