

TRIANDAFILIA

Triandafilia (tree-ahn-dah-feel-YAH) is a Greek women's dance from the Halkidiki peninsula. Lee Otterholt learned the dance from Joe Graziosi in 1997. It was taught by Lee Otterholt at Autumn Leaves, 2006, Nashville, TN.

Music: "Triandafilia" 4/4 meter *Formation:* Open circle. Front basket hold (R arm under, L over)

Counts

1-6

FIRST FIGURE ("Sta tria")

Facing center and moving R (LOD): Step on R foot to R (1), Step on L foot crossed behind R foot (2), Step on R foot to R, leaning slightly L (3), Bring L foot around in a CCW circle near to the floor (4), Step on L foot to L, leaning slightly R (5), Bring R foot around in a CW circle near floor (6). [*Gentle knee bend on every count. During counts 3-6, the body is swaying "like a bell."*]

7-24

REPEAT counts 1-6 three more times (4 times in all).

SECOND FIGURE ("Grapevine")

1-4

Continuing to face center and move to the R: Step on R foot to R, bending knee (1), Step on L foot crossed behind R (2), Step on R foot to R (&), Step on L foot crossed in front of L, bending knee (3), Step on R foot to R (4), Step on L foot behind R (&).

5-8

REPEAT counts 3-6 of FIG. 1

9-16

REPEAT counts 1-8.

Dance pattern: Fig. 1, 2, 1, 2, 1, 2, 2, 1, 2 + ending (that is...repeat Fig. 2 one more time on the third repetition of the dance, during the drum solo).

The ending is simply: Step on R foot to R (1), Step on L foot crossed behind R (2), Step on R foot to R (3), bringing feet together by placing L foot next to R (4).

