

# TROIKA

*Translation:* A team of three horses abreast    *Type:* Russian trio dance or mixer    *Rhythm:* 4/4

*Formation:* Trios facing LOD (CCW). The center dancer and two partners may be 1 M w/2 W, 1 W w/2 M, all M or all W. Hands joined in a line of three. R foot free.

## Measures

### PART 1

- 1            4 running steps diagonally FWD R, starting w/R foot.
- 2            4 running steps diagonally FWD L, starting w/R foot.
- 3-4         8 running steps FWD, starting w/R foot.
- 5-6         Center dancer w/L partner, raise joined hands to form an arch and run in place; meanwhile R partner w/8 running steps move CCW around the center dancer, under the arch and back to place; center dancer unwinds by turning under the arch.
- 7-8         REPEAT pattern of measures 5-6, L partner running under the arch formed by center dancer and R partner.

### PART 2

- 9-11        The trio join hands and circle L w/12 running steps.
- 12          3 stamps in place (counts 1-3), pause (count 4).
- 13-15      The trio circle R w/12 running steps, opening at end to reform lines-of-three facing LOD (CCW).
- 16          3 stamps in place (counts 1-4), pause (count 4).

---

### AS MIXER

- 1-12        Same as above
- 13-14      The trio circle travels R w/8 running steps, finishing w/center dancer facing LOD (CCW)
- 15-16      Center dancer release partners' hands and run under the opposite arch of their joined hands to advance to a new pair ahead. R and L partners run in place while waiting for a new center dancer to join them in a new trio.

