

TSAMIKOS

Meter: 3/4 - Count each measure as “one-hold-three”

Introduction: 8 measures

Formation: Line dance, facing center, hands joined at shoulder level.

<u>Measures</u>	<u>Counts</u>	
1	1	Step on R to R.
	2	Hold.
	3	Step on L, crossing in front of R.
2	1	Touch R toe diagonally FWD towards R.
	2	Hold.
	3	Step BKWD on R. L foot remains in place.
3	1	Touch L toe on spot where L foot was.
	2	Hold.
	3	Step on L, crossing in front of R.
4	1	Step on R to R.
	2	Hold.
	3	Lift L leg in front of R foot. (Note: M lifts leg so that thigh is parallel to floor, lower part of leg and foot hanging naturally. W lifts leg a few inches only.)
5	1	Step on L foot to L.
	2	Hold.
	3	Step on R, crossing in front of L.
6	1	Step on L foot to L.
	2	Hold.
	3	Lift R leg in front of L foot (like description given above)
7	1	Step on R to R.
	2	Hold.
	3	Step on L, crossing over in front of R.
8	1	Touch R toe diagonally FWD towards R.
	2	Hold.
	3	Cross R foot in front of L foot, touching R toe near L toe, w/out placing weight on R foot.

BEGIN DANCE AGAIN, stepping on R foot to R.

