

VALLIJA HAJDE MERRE FURKEN

Presented by: Autumn Leaves 18, Sue Williard, 2011

Dance notation: Sue Williard

Origin: Dance from Albania, learned from Steve Kotansky at RazzMaTazz Dance Weekend in Mendocino, CA, May 2011. Thanks to Kaela Fine for review and confirmation of steps!

Meter/Rhythm: 7/8

Formation: Open circle or line, hands in W position, face center, weight on L foot.

Style: Proud, elegant, light but strong.

No Introduction— begin immediately with FIG. 1.

FIG. 1: Instrumental

Count	Measure	Pattern
1	1	Step on R in place, begin lifting L up and towards center
	2	Lift on R while continuing to swing L around the front and then away from the center (L does a "reel" step)
	3	Step on L behind R, simultaneous slight lift of R in front of L
2	1	Step on R next to L, flexing R knee for a small dip on this step
	2	Step on L next to R
	3	Step on R next to L
3	1	Step L across in front of R, travelling in LOD (fairly large step); body still faces center for the next 3 steps
	2	Step on R slightly away from center and in LOD
	3	Step on L crossing behind R, still in LOD

REPEAT figure 1 four more times.

FIG. 2: Singing

1	1	Step on R with a knee flex/dip facing and travelling in LOD
	2	Bring L foot behind R ankle, almost touching L toe to ground while doing a small bounce with R leg
	3	Another small bounce on R leg, holding L leg in same position as beat #2
2	1	Step on L with knee flex/dip in LOD
	2	Step on R in LOD
	3	Step on L in LOD
3	1-3	Repeat steps from FIG. 1, measure 1 (L foot reel step), reorienting body to face center
4	1	Step on R in place, dipping down on R knee, L begins to swing around from back to L side
	2	L continues to swing out from behind and around to the left towards the front, staying close to the floor, R knee still slightly flexed
	3	R knee straightens up, L foot comes up and stops in front of R shin
5	1	Step on L slightly across in front of R, flex L knee, face ever-so-slightly to the R, but mostly center
	2	Bring R behind L ankle, almost touching R toe to ground while doing a small bounce with L leg
	3	Another small bounce with L leg, holding R leg in same position as beat #2

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VALLJA HAJDE MERRE FURKEN CONTINUED

- 6 1 Step back on R, slightly behind L foot, with knee flex/dip
 2 Step on L next to R, travelling slightly to L
 3 Step on R next to L
- 7 1-3 REPEAT steps from FIG. 1, measure 1 (reel step) on opposite (R) foot, travelling slightly to L
- 8 1-3 REPEAT steps from FIG. 2, measure 4 on opposite foot
 NOTE: In FIG. 2, here are "poses" on measures 1, beat 1, and measure 4, beat 3.
- REPEAT FIG. 2, three more times.
- Dance FIG. 1 five times
 Dance FIG. 2 four times

