

# Varnensko Horo

*Source:* IHB#12—Fire      *Type:* Bulgarian dance from Varna area, Dobrudzha. Varnensko Horo is a wedding dance. It is also a solo dance with lots of improvisations with hand movements, with handkerchief, wooden spoons and metal “dzhampureta,” attached to the fingers of the womens hands (like “kaštaneti”). Many dancers would like to enjoy the rhythm of Varnensko Horo and that is why I have created a variation as a circle dance, based on the Dobrudzja style. This is a mixed dance, in a closed circle. The LOD is to the right side. The hands are held in W position.

*Rhythm:* 9/8 a—QQQS      *Presented by:* Iliana Hrištova Bozhanova, 2008

Measure	Figure 1—4 measures, facing LOD	Figure 2—4 measures, facing centre, dancing to LOD
1	Big step on R foot FWD to LOD Hold Step on L foot to LOD Step on R foot to LOD	1 Arms in W position, big step on R foot to R side Hold Step on L foot behind R foot Step on R foot in place
2	Same as measure 1, but with opposite footwork	2 Step on L foot FWD Hold
3	Facing L side, but dancing to LOD, Big step on R foot BKWD Hold Step on L foot BKWD to LOD Step on R foot BKWD to LOD	3 Step on R foot in place Step on L foot BKWD, next to R foot
4	Arms go to V position, Big step on L foot BKWD to LOD Hold Arms go to W position, Step on R foot FWD to LOD, while facing LOD Step on L foot FWD to LOD	3 Step on R foot FWD Hold Step on L foot in place Step on R foot BKWD, next to L foot
		4 Close L foot next to R foot and squat slightly down, taking the weight on L foot Hold Stamp softly R foot, heel next to heel, R toes to R side Stamp softly R foot next to L foot, R toes point FWD

Sequence:

Introduction, 4 measures

Figure 1—four times

Figure 2—four times

Alternate them.