

VERDEGAR

Type: Couple dance from Vila Nova de Gaia in northwest region of Portugal. *Description by:* Bea Montross

Rhythm: 2/4 meter

Formation: Couples in single circle, M facing LOD. W facing RLOD - opposite footwork throughout. Described for men

- Measures
- 1 FIG 1 - Clap to partner and corner (begin 2nd beat measure 4)
Beginning w/L, dance 1 two-step FWD in LOD clapping hands on each step. 1/2 turn L (W turns R)
- 2 REPEAT measure 1 w/M dancing BKWD and W FWD
- 3-10 REPEAT measures 1 and 2 four more times

NOTE: Hands are clapped at shoulder height in front of body. (total of 10 claps in FIG. 1)

- FIG. 2 - Visiting (hands raised to head level)
- 1 Partners pass each other by the L shoulder, dancing 1 running schottische step FWD, passing one person and meeting a second.
- 2 Link back of wrists w/this second person and 1/2 CCW, exchanging places w/1 schottische step.
- 3 REPEAT measure 1, FIG. 2 passing new partner by L shoulder and returning to original place.
- 4 REPEAT measure 2, FIG. 2 linking wrists and making 1/2 turn w/partner (everyone will be back in original starting position)
- 5-8 REPEAT measures 1-4, FIG. 2

