

VLASCENCUTA DE LA PETROSAN

Taught by: Nicolaas Hilferink, NIFD, Autumn Leaves XXI, 2004

Formation: Hands held down.

Measures PART A

- 1 Facing center, arms swing down, step R to R (1) Step L across R (2), step R back (3)
- 2 Arms stay straight & swing FWD, step L to L on heel (1, 2) Arms swing back, step R behind L (3)
- 3 REPEAT measure 2
- 4 Arms swing FWD, step L FWD (1, 2) Hop on L, elbows bend (3)
- 5 Travelling FWD, step R (1), L (2), R (3)
- 6 Extending arms completely at shoulder height, stamp L beside R (no body weight) (1, 2, 3)
- 7 Bend elbows, travelling BKWD, step L (1), R (2), L (3)
- 8 Stamp R beside L (no body weight) (1, 2, 3)
- 9-16 REPEAT measures 1-8, arms finish down

PART B

- 1 Turning to face LLOD, hop on L (1), Step R across L (2), facing center, step L (3)
- 2 Turning to face RLOD, hop on L (1), Step R behind L (2) , facing center, step L (3)
- 3 Jump onto both feet (1, 2), hop on L (3)
- 4 On the spot, step R (1), L (2), R (3)
- 5 Step L FWD (1, 2), Hop on L, as R leg swings around to front (3)
- 6 Step R across L (1, 2), hop on R (3)
- 7 Travelling BKWD, step L (1), step R (2), step L (3)
- 8 Stamp R beside L (no body weight) (1, 2, 3)
- 9-16 REPEAT measures 1-8

PART C

- 1 Facing and travelling RLOD, elbow bent, step R (1), step L beside R (2), step R (3)
- 2 Step L (1), step R beside L (2), step L (3)
- 3 Arms swing down, facing center, leap R to R (1, 2), step L behind R (3)
- 4 Elbows bend, step R to R (1, 2), stamp L beside R (no body weight) (3)
- 5 Arms swing down, step L to L (1), step R beside L (2), step L to L (3)
- 6 Elbows bend, step R FWD (1, 2), hop on R (3)
- 7 Arms stay bent, step L BKWD (1, 2), step R beside L (3)
- 8 Step L BKWD (1, 2), stamp R beside L (no body weight) (3)
- 9-16 REPEAT measures 1-8

(continued on next page)



...VLA SCENCUTA DE LA PETROSAN CONTINUED

PART D

- (1-4) Facing & travelling RLOD and raising arms to make a smaller, closed circle:
 - 1 Step R (1), step L (2), step R (3)
 - 2 REPEAT measure 1 w/opposite footwork
 - 3-4 REPEAT measures 1-2
- (5-8) Facing LLOD and travelling BKWD to resume open circle, and lowering straight arms:
 - 5 Hop on L (1), step on R (2), step on L (3)
 - 6-8 REPEAT measure 5 three more times
 - 9-16 REPEAT measures 1-8

PART E

- 1 Turning to face RLOD, step R (1), step L (2), step R (3)
- 2 Step L FWD (1, 2), turning to face LLOD hop on L (3)
- 3 Travelling BKWD, step R (1, 2), hop on R (3)
- 4 Step L (1, 2), turning to face center, hop on L (3)
- 5 Step R to R (1), step L beside R (2), step R to R (3)
- 6 Stamp L beside R (no body weight) (1), hop on R (2), stamp L beside R (no body weight) (3)
- 7 Step L to L (1), step R beside L (2), step L to L (3)
- 8 Stamp R beside L (no body weight) (1), hop on L (2), stamp R beside L (no body weight) (3)
- 9-16 REPEAT measures 1-8

DANCE PATTERN

A B C D E

A B C D E