

# YEDID NEFESH

Dance: Yonatan Gaba'i      Translation: Soul Friend      Basic Steps: Waltz      Rhythm: 3/4 meter

Presented by: Jane Farwell Weekend, Miami Valley Folk Dancers, Dayton, Ohio - 1977

Formation: Circle with simple hold

## Measures      PART A

- 1      1 waltz step R in LOD (CCW)
- 2      1 waltz step L, while turning half way around CCW
- 3      1 waltz step R, backing up in LOD
- 4      1 waltz step L, while turning half way around CW
- 5-8      REPEAT measures 1-4, PART A

## PART B

- 1      1 waltz step R toward center
  - 2      1 waltz step L back to place
  - 3      1 waltz step R while turning CW half way around
  - 4      1 waltz step L back (while facing out)
  - 5-8      REPEAT measures 1-4, PART B
- NOTE: at end of measure 8, end up in original place
- 9-16      REPEAT measures 1-8, PART B

## PART C

- 1-2      2 waltz steps (R, L) in LOD
- 3      3-step turn (R, L, R) CW
- 4      1 waltz step L in place
- 5-8      REPEAT measures 1-4, PART C

## PART D

- 1-16      REPEAT measures 1-16, PART B

## PART E

- 1      Step R to R (ct. 1), Cross L behind R (ct. 2), Step R in place (ct. 3)
- 2      Step L to L (ct. 1), Cross R behind L (ct. 2), Step L in place (ct. 3)
- 3      Step R toward center (ct. 1), Close L to R, while rising on balls of feet (ct. 2), Hold (ct. 3)
- 4      1 waltz step L back
- 5-8      REPEAT measures 1-4, PART E

