

ZAMFIROVSKA SIGNA

Source: IHB#12—Fire Type: Bulgarian dance from Zamfirovo, near Montana, Northern Bulgaria Rhythm: 2/4
Presented by: Iliana Hristova Bozhanova, 2008

This is one of the very interesting variations of Signa I have seen. I have recorded it in 2005 at Koprivshitsa National Folk Festival. The shape of this mixed dance is a straight line with hands on the belts. The LOD is toward and backward of the circle. The features of the north Bulgarian style of dancing is shown very well here; very high movements and a combination of jumpy, big leaps with small steps on the ground. The most unique fact is, that the figure ends in the half of the measure. When you repeat it, the accent of the music measure comes in different beat of the dance measure. It is typical for some of the dances in this folk area.

Intro figure 1—4 measures. Dance it only at the beginning—like introduction!!!

Measure

- 1 Facing centre, step on L foot BKWD and step on R foot BKWD
- 2 Step on L foot BKWD and lift on L foot
- 3 Step on R foot FWD and step on L foot FWD
- 4 Step on R foot FWD and lift on R foot

Figures 1-12—5 measures, facing centre only

- 1 In place, jump on both feet, next to each other
Kick with R foot FWD, while L foot hops
- 2-5 Same as measure 1, but alternate the feet and the footwork
- 6 In place, leap onto R foot in place and
stamp on L foot in place, the weight is on R foot
Leap onto L foot in place and
stamp on R foot in place, the weight is on the L foot
- 7 In place, leap onto R foot in place and
stamp on L foot in place
Leap onto L foot in place, while R heel kicks to the R side and bending the body FWD
and hold
- 8 Step on R heel FWD and
step on L foot behind R foot
Step on R foot FWD, while straightening the body and
L foot is drawing a horizontal circle from back to L and FWD
- 9 Step on L heel FWD and
step on R foot behind L foot
Step on L foot FWD and
R foot is drawing a horizontal circle from back to R and FWD
- 10 Same as measure 8
- 11 In place, jump on both feet—L foot is across R foot
Jump on both feet apart—parallel with each other
- 12 Hop on L foot BKWD, while R toes touch FWD
Hop on L foot BKWD, while R toes touch diagonally R
- 13 Hop on L foot BKWD, while R toes touch FWD (Figure 1 starts here)
Jump on both feet next to each other=first beat of measure 1

Sequence:

Introduction—4 measures

Start SIGNA with Intro-figure and
after that Figure 1 repeats to the
end of the melody.

Continue dancing with 2nd beat of measure 1 and follow the next measures. For 25 measures of the music, you repeat figure 1 twice. Dance BKWD with measures 1-5.

