

# ZAPLANJSKI ČAČAK

*Source:* This member of the large Čačak dance category comes from the small district of Zaplanje in eastern Serbia. It is not found outside the immediate area, and differs from the 'standard' Čačak pattern principally in its 12-measure structure (most Čačak variations being in 10-measures)

*Pronunciation:* ZAH' pline skee CHAH' chank

*Rhythm:* 2/4 meter

*Present notes:* Courtesy of Ron Houston

*Presented by:* Dick Crum

*Formation:* Open circle or line, mixed M and W. Belt hold, i.e. grasp neighbour's belt, L arm in front, R arm in back. (NOTE: The belt hold is the older style for all Čačaks and many other dances of eastern Serbia. Nowadays, however, with the disappearance of the old costumes with their sturdy sashes, most belt-hold dances have changed to shoulder or back-basket hold)

<u>Measures</u>	<u>Counts</u>	<u>Pattern</u>
1	1	Step R w/R foot
	2	Slide L foot (it really need not touch floor to the R, stepping onto it in front of R foot)
2-3	-	REPEAT movements of measure 1 twice more for a total of three times
4	1	Step onto R foot in place
	2	Bounce or hop on R foot, leaving L foot in a position slightly FWD L
5	1	Step onto L foot in place
	2	Bounce or hop on L foot, leaving R foot in a position slightly FWD R
6	-	Same as measure 4
7	1	Step L w/L foot
	2	Slide R foot to L, stepping onto it in front of L foot
8	-	Same as measure 7
9	-	Same as measure 5
10	-	Same as measure 4
11	-	Same as measure 7
12	-	Same as measure 5

*Teaching hint:* As can be seen, the whole dance consists of two basic movements; the step-cross and the step-bounce. Zaplanjski Čačak's pattern can be easily remembered as a "3-2-1" sequence - 3 step-crosses plus 3 step-bounces, then 2 step-crosses plus 2 step-bounces, then 1 of each.

