

ZILLERTALER LÄNDLER

Translated by : Prof. Karl Horak *Steps*: Walking (tripping) steps throughout the dance, so there is a continuous flow of movement

Formation: Circle of couples standing side-by-side, facing CCW. Inside hands are joined. M's outside hand is place on braces; W outside hand holds down her skirt.

Counts Introduction

- 1 Swing joined inside hands FWD
- 2 Swing them BKWD
- 3-4 By swinging FWD W is turned CW, releasing hands

WOMAN TURNS

- 1-8 Inside hands are rejoined and raised. W turns CW in front of M

SWING ARMS

- 1-8 Partners face each other, M facing CCW, W CW. They join both hands (W's R in M's L, W's L in M's R), holding them closed. Swing joined hands alternately into the center (1 count = 3 steps) and out (1 count), progressing CCW.

RIGHT "YOKE"

- 1-8 M facing CCW. He raises L arm under which W turns once CW. W stands now on the R of M, facing CW; M's L hand is put on M's neck, M's R arm extended and put on W's L shoulder. Tripping around.

LEFT "YOKE"

- 1-8 M facing CCW. He raises L arm and under which W turns CCW. The M lowers L arm and raises R arm under which W continues turning CCW. Now W stands on the L of M facing CW. M's R hand is put on M's neck, M's L arm is extended and put on W's R shoulder. Tripping around CCW.

STEP OVER

- 1-8 M facing CCW. He raises R arm under which W turns CW until she faces M. W kneels on her R knee, lowers her R hand and raises L. M steps over the joined lowered hands (R foot 1st). While W rises slowly, M without releasing hands turns L (CCW) in bent over position between the W's open arms, then he places the joined hands on his R hip and continues to turn under the arms. M straightens to upright position and turns W once R (CW).

LEADING AROUND L

- 1-8 They release hands and rejoin them in crossed position, R over L. M keeps R hands high, passing them over his head as he leads W CCW around behind him to his R side. The joined L hands are placed on the M's L hip. Keeping the joined R hands FWD at chest level, they turn L (CCW).

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...ZILLERTALER LÄNDLER CONTINUED

LEADING AROUND R

- 1-8 M leads W behind him from his R side to his L so that their L hands are kept FWD and joined R hands are placed on M's R hip. They turn R (CW).

RIGHT "WINDOW"

- 1-8 M facing CCW. He bends BKWD under the W's R arm. Keeping high joined hands held together, W turns once and 3/4 to R (CW) as M turns 1/4 to L (CCW) so that R hips are adjacent and R upper-arms are held together. Joined L hands are lowered to rest on the R upper-arms. They turn CW looking through the "window."

LEFT "WINDOW"

- 1-8 They raise joined hands. W turns CCW two and 1/2 times and M turns 1/2 times CW. L hips and L upper-arms are adjacent, as joined R hands are lowered to rest on the L upper-arms. Turning CCW looking through the "window."

WALTZ AND FINALE

- 1-8 They raise joined hands. W turns once R (CW). Drop released L hands. W turns once more R under the raised R hands. They drop R hands and rejoin hands in ballroom position. Laendler-Waltz (w/tripping steps) turning CW and progressing CCW. Finally M lifts W high.